



The LGBTQ-Affirmative Therapist Guild of Utah

www.lgbtqtherapists.com

In-Service Schedule 2013-14 Membership Year

Most Guild meetings are held on the 3rd Thursday of each month unless otherwise specified in the schedule

8:00 – 8:15 a.m. Business Check-in
8:15 – 9:30 a.m. In-Service Program

Meetings are conducted at the offices of MindBody Wisdom (77 South 700 East - #200) unless otherwise specified in the schedule – NOTE: please park in the upper (outside) parking lot

CEU's have are approved for all in-service programs by Utah NASW and the Utah Mental Health Counselors Association (UMHCA). CEU's are free for Guild members & \$5 for non-members.

- 09/19/13: **“The Impact of the DOMA & Prop 8 Supreme Court Rulings”**
This session will explore the repercussions – positive and negative – from the Supreme Court rulings that were issued in June. Particular attention will be given to the ways in which these rulings will ease or complicate legal matters for LGBT individuals, their families, and allies
Presenter: Clifford Rosky - Professor, University of Utah Law School
- 10/17/13: **“BDSM 101 for Vanillas ~ A Brief Overview Of BDSM For The Non-Kinky.”**
SweetGeekGoddess presents, The goal of the presentation is to familiarize the non-kinky with the language of BDSM, explain the power dynamic that defines a healthy BDSM relationship and explore what are the distinguishing characteristics of healthy fetishes versus destructive behaviors.
Presenter: SweetGeekGoddess - a fun loving masochist and service submissive, is a founding member of the National Leather Association of Utah and keeper of the website
<http://www.kinkabuse.com>.
- 10/26/13: **“NOTHING PERSONAL” A Plan-B Theatre Play by Eric Samuelsen – world premiere.**
Note: 4th Sat. 4 – 6 p.m. This play begins with the persecution and imprisonment of Susan McDougal, who was jailed for contempt of court for her principled refusal to lie before Kenneth Starr's grand jury. It uses Susan and Kenneth as a jumping off point for a discussion and exploration of the loss of civil liberties and the violations of human rights that have since disfigured our culture and politics. Fanaticism and principle, false ideals and genuine integrity, prison, torture, and the tugging pull of freedom: those are the themes of Nothing Personal.
Post-Performance: A 1 hour Guild-specific salon discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the playwright, director, and actors. **PLEASE NOTE THAT A LIMITED NUMBER OF TICKETS ARE AVAILABLE AND MUST BE PURCHASED IN ADVANCE - FIRST COME, FIRST SERVE YOU ARE URGED TO ORDER TICKETS SOON IF YOU WANT TO ATTEND**

2 for 1 TICKET PRICE AVAILABLE FOR GUILD MEMBERS - ENTER CODE "MEMBER" TO TAKE ADVANTAGE OF THIS OFFER <http://www.planbtheatre.org/>

NOTE: 2 hours of CEUs available for attending the play and the salon.

- 11/14/13 **“Update on Current Issues for Transgender Individuals”**
This session will address current issues facing transgender and intersex individuals. Attention will be given to the range of concerns that are relevant for clinical providers who want to maintain the standards of cultural competence in working with transgender clients navigating gender identity issues.
Presenter: Candice Metzger, MSW – President, Transgender Education Advocates of Utah
- 12/05/13 **“What The LGBT Movement For Equal Rights Can Learn From The Historical Struggles Of Women's Suffrage And Polygamy”**
“Suffrage” received its world premiere during the Plan-B Theatre’s 2012-13 season. The play is an exploration of late 1800’s Utah. At that time, Utah was the second territory in the Union to grant women the right to vote. However, that right was stripped 12 years later when suffrage became a whip for politicians who wanted to end polygamy. The two issues became entwined in a strange, more than a little malicious way. During the two decades portrayed in the play, unlike (and without disparaging other suffragettes), Utah women found themselves being called upon to stand strong on two equally threatening fronts. This in-service will explore the parallels between this aspect of the women’s suffrage movement and the dynamics of the contemporary LGBT-equality right movement.
Presenter: Jennifer Nii (playwright of “Suffrage”)
- 01/10/14: **Location: The Den U of U 5-7 pm** **“The New Thinking On Sexual Orientation And Its Expression Over The Life Course: What Do Clinicians Need To Know?”**
This presentation will review the most up-to-date scientific literature on the development and expression of sexual orientation and same-sex sexuality, including research on sexual "fluidity" (i.e., the capacity for sexual behaviors, attractions, and identities to change over time), differences between men's and women's experiences of same-sex sexuality, and implications for both mental and physical health. Emphasis will be placed on how this fast-changing body of scientific knowledge influences the approaches clinicians might want to consider taking when working with diverse clients struggling with issues of same-sex sexuality.
Presenter: Lisa Diamond, PhD – Professor, Dept. of Gender Studies & Developmental Psychology, University of Utah
Joint session with WPP, AWP, & the Guild
- 02/20/14 **“Special Issues For LGBTQ Individuals Who Are Deaf Or Hearing Impaired”**
This workshop will explore the special needs of individuals who are deaf or hearing impaired and who also identify as LGBTQ. Attention will be given to crisis intervention work and legal advocacy for abused victims.
Presenter: Stephanie Mathis is Executive Director for the Sego Lily Center for the Abused Deaf.
- 03/20/14: **“Determining Level Of Care & When It’s Time To Increase Or Decrease That With Your Client”**
Participants will learn to recognize possible signs that a client needs a different level of care and gain an understanding of the criteria insurance providers use to authorize or refuse to cover these services for our clients.
Presenters: Robin Tracy is a Licensed Clinical Mental Health Counselor who has worked in all levels of care including outpatient, intensive outpatient, day treatment (partial), residential, and psychiatric inpatient settings. She is also an active Guild member. Kristi Camomile is an Associate Clinical Mental Health Counselor with extensive experience in utilization review, helping clients access the care they need by working with their insurance providers.

- 3/29/14: **“3” A Plan-B Theatre Play by Eric Samuelsen – world premiere**
Note: Sat. 4 – 6 p.m. This play consists of three short plays about Mormon women, each with a cast of three. In "Bar and Kell", two good women try to help a single mother, and become troubled about their own motives. In "Community Standard", a woman serving on the jury for an indecency trial is forced to confront issues in her own marriage. In "Duets", a woman has to confront the choices she has made by marrying a gay man, and the tragic consequences of those choices.
Post-Performance: A 1 hour Guild-specific salon discussion will follow this production, to provide an opportunity for members of the Guild to discuss the play with the playwright, director, and actors.
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- 04/17/14: **“Compassion Fatigue”**
 Research has shown that we're more likely to experience compassion fatigue if we're helping clients deal with events that are similar to our own experiences, such as LGBTQ counselors helping clients with coming out, dealing with discrimination, etc. Particular areas of focus include understanding the construct of compassion fatigue; prevention strategies at personal, professional and organizational levels; recognizing warning signs, and recovering from compassion fatigue to regain a healthy life balance and renewed energy and enjoyment in professional endeavors.
Presenter: Shaney McCoy, CMHC, provides services to students, staff and faculty at Weber State University. She is passionate about maintaining balance between the various professional and personal spheres of her life.
- 05/15/14: **"Emotionally Focused Therapy For Same-Sex Couples"**
 EFT is a structured approach to couple therapy that focuses on emotionally-based interactional patterns that lead to relationship distress and dissatisfaction. It is founded upon explicit conceptualizations of adult love and attachment. It has been successfully utilized with couples in a variety of cultural groups and populations, and with partners suffering from mental health problems, including depression, personality disorders, post-traumatic stress, and chronic illness.
Presenter: Mary Fisher, CMHC is a private practice therapist and Guild member.
- 06/19/14: **“LGBTQ Affirmative Therapy: Tips For The Therapist Who Identifies As 'Straight'”**
 A perennial source of conflict in the psychotherapy field is the importance of therapist-client "fit." Within "fit," a typical characteristic asked of a potential therapist is gender identity and/or sexual preference (along with others such as race, religion and age). What do LGBTQ clients look for in a straight therapist? What traits would have to be present for rapport to be established? Come to share your experiences with this issue!
Presenter: Deanna Rosen, LCSW is a straight psychotherapist who's private practice is about 1/3 clients who are LGBT-identified.