

The LGBTQ Affirmative Psychotherapy Guild Of Utah
In-Service Schedule: 2010-2011 Member Year

Guild meetings are conducted on the 3rd Thursday of each month (except for January).

8:00 a.m. – 8:30 a.m. Business Discussion and Networking

8:30 a.m. – 9:30 a.m. In-Service Presentation

Regular meetings are conducted in the south building of the Utah Pride Center, 355 North 300 West.

Please note the change in location and times for the October and January meetings.

September 16, 2010: **“Consequences of Parent Rejection of LGB Youth: Recent research and implications for clinical intervention”**

Presenter: David Huebner, PhD. – University of Utah

LGB youth face disproportionate health risks, relatively to their heterosexual peers. Researchers and clinicians have long appreciated that these disparities result from the extensive homophobia that these youth encounter in their lives. However, until recently, very little research has looked specifically at the family and how family responses to an LGB son or daughter can shape that child’s health and well-being. Dr. Huebner will present findings from a series of recently completed studies that (a) document the extent of a family’s influence on their LGB child’s health, (b) describe the forms that parent rejection takes, and (c) identify the kinds of rejection that are most harmful. In addition, he will discuss the clinical implications of this work and will share clips from a video-based intervention for families that his team is currently developing.

October 28, 2010: ***Please note the change of schedule: there will be no business meeting in October; the October In-Service will be an evening presentation on the 4th Thursday.***

“Walking Wounded: Sexual Abuse & Homophobia In America's Military”

7:30 – 9:00 p.m.
Tentative Time

Presenter: Mic Hunter, PhD. – Private Practice, St. Paul, MN.

Note: Tentative location: Westminster College campus.

The session will be co-sponsored by the Guild, Rape Recovery Center, Women’s Resource Center, - and several other co-sponsors yet to be confirmed.

Although attention has been paid to the plight of returning veterans who suffer with PTSD as a result of combat, much less attention has been paid to those women (24%) and men (10%) who report they were sexually assaulted by their comrades. Dr. Hunter will cover the prevalence of sexual abuse in the military, the reasons it continues despite attempts to reduce it, how the experience of veterans is different than that of civilians, and how homophobia contributes to sexual assault. This presentation is appropriate for treatment providers, students, and veterans and their family members.

November 18, 2010: **“Working With Refugees”**

Presenter: Elizabeth MacWilliams, LCSW – Utah Health & Human Rights Project

"This presentation will focus on the issues and experiences faced by GLBT refugees. Because some refugees flee and seek asylum due to death threats in their native countries, these refugees must deal with many unique issues related to pre-flight, flight, and post-flight concerns. This presentation will also focus on how to help GLBT refugees deal with the dynamics of acculturation as well as the persecution issues unique to the refugee."

December 16, 2010: **"A Preview of the 2010 Utah Legislative Session"**

Presenter: Brandie Balkan – Executive Director, Equality Utah

Brandie will provide us with a sneak preview of what to expect from the up-coming 2011 legislative session. She will highlight GLBT issues and discuss ways that Guild members and their clients might respond to some of these concerns.

January 21, 2011: **"Increasing Stigma Competence for Sexual & Gender Minorities"**

Presenter: Lee Beckstead, PhD. – Private Practice Psychotherapist

Rape Recovery Center - 5:00 – 7:00 p.m.

This is our annual joint meeting between the Guild, AWP, and WPP. This year, Lee Beckstead will facilitate an interactive presentation that will highlight theories and strategies to empower clients who struggle with discrimination and stigma to facilitate their movement from being victimized to surviving to thriving.

February 17, 2011: **"An Update on Issues With Transgender Clients"**

Presenter: Jenny Arm, Utah Pride Center

March 17, 2011: **"Having Fun With Mindfulness"**

Presenter: Jim Struve, LCSW – Private Practice Psychotherapist

A brief exploration of mindfulness as a valuable therapeutic tool, for both client and clinician.

April 21, 2011: **"GLBT Support Group at the VA Hospital"**

Presenter: Breeze – Salt Lake City Medical Center

May 19, 2011: **"Overview of the SAGE Program"**

Presenter: Daniel Musto – SAGE Utah Committee & Utah Dept. of Aging Services & Jennifer Nuttall, Utah pride Center

SAGE is Services & Advocacy for Utah's LGBTQ community. SAGE seeks to build community, provide social avenues and to shift the aging paradigm within the 50+ LGBTQ population.