

HEALING & ENHANCING SEXUALITY, INTIMACY, & RELATIONSHIPS

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List compiled by Lee Beckstead, Ph.D., Aspen Grove Counseling, updated 2/08. Lee has not read all these references, but they come recommended. If you have any questions, concerns, or feedback about them—or want to add to the list for others—let Lee know at leebeckst@yahoo.com or 801-581-0422.